

# 2023 La Source University, Switzerland – short-term study abroad report

◆ Since March 2018, our University has had an agreement for mutual exchange and joint research with La Source University in Switzerland. As part of our mutual exchange, students of our university take part in a 3-week short-term study abroad programme, and we host La Source students for a similar programme in Japan.

*Five of our students went to La Source University for a three-week short-term study abroad programme starting in March 2023. This is their report.*

While studying abroad, we attended lectures with Swiss nursing students, participated in domain-specific exercises and experienced hospital practice. We undertook practical training and tours at a total of five public and private hospitals, where we learnt about the importance of understanding the differences and diversity in healthcare and the provision of nursing care.



Commemorative photo at La Source University



Sharing learning between students

Particularly impressive was the proactive learning of Swiss students in the lectures. In the lectures on emergency medicine, the students deepened their learning by asking their own questions, discussing with each other and immediately putting the knowledge they had gained into practice in areas that were difficult to understand.

In Switzerland, we lived in a dormitory with students. The exchange through communication, such as cooking each other's national dishes and going out on holidays, helped to deepen cross-cultural understanding.

We visited the United Nations and International Red Cross and Red Crescent Museum in Geneva. At the United Nations, we felt the importance of facing issues from a multinational perspective.

At the International Red Cross and Red Crescent Museum, we learnt about the actual activities based on the spirit of humanity and philanthropy and were able to rethink the significance of studying nursing at the Red Cross College.

This study abroad was a valuable experience for us to learn about the Swiss healthcare system, nursing practice and the need for cross-cultural understanding.

We would like to become nurses who respect the differences between countries and cultures and who can provide nursing care while learning independently.



Experiencing nursing skills

