Five students from our university visited the University of the Philippines for a short-term study program from February 19 - 24, 2018. The students participated in lectures and exercises at the University of the Philippines and had various experiences, such as observing clinical practice at the Philippine General Hospital.

When our students toured the hospital, they were surprised that the students of the University of the Philippines took care of several patients during nursing practice, and took responsibility for observation, medication management, and providing living support.

“As a nursing student, I realized that there are differences between what can and cannot be done during training in the Philippines and Japan, and at the same time, in all countries. I realized that it is important for students to be independent in learning”.

At the end of the training, our students gave a presentation about Japan. After that, students from both universities shared their impressions and enjoyed discussing student life in the Philippines and Japan.

Over four days we learned the importance of changing our way of thinking and learned much about nursing performed in an environment different from Japan. It was a valuable and eye-opening experience for all the members of our group.